

INTERACTIVE INTRODUCTION

*Choose a partner. Be Present and Listen.
Do the full interview with one person and
then do it with the second person.*

1. Name a person you admire. What is a core virtue that this person practices? What attracts you to this virtue?
2. Name one of your core virtues, one which is strong and well-developed in you? Say a few words about how you live it.
3. What do you hope to gain by attending this workshop?
4. Name a virtue you need to cultivate, one that is under developed in you. Say a few words about how it is needed in your life.
5. What is one of the biggest challenges in your life right now? What virtues could help you meet this challenge?
6. What is a source of joy in your life at this time?

Give your partner a **virtues acknowledgment**.

(2 parts – the virtue & how you saw it)

1. Name the virtue/s _____
2. How you saw it _____

WRITE VIRTUE WORD/S ON GEM TAG!



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