

# **THE VIRTUES PROJECT™**

*Bringing Virtues to Life*

## **The Five Strategies of The Virtues Project™**

These strategies help us to live more authentic, purposeful lives, to raise children of compassion and idealism, and create a culture of character in our schools, workplaces and communities.

### **Speak the Language of Virtues**

Language has power to discourage or to inspire. Using virtues to acknowledge, guide, correct and thank awakens the virtues of our character.

### **Recognize Teachable Moments**

Recognizing the virtues needed in daily challenges helps us to become lifelong learners open to the lessons of character.

### **Set Clear Boundaries**

Setting boundaries based on respect and restorative justice creates a climate of peace, cooperation and safety in our homes, schools and communities

### **Honor the Spirit**

Bringing virtue to life in our daily interactions, activities, celebrations and the arts, we sustain our vision and purpose while honoring the dignity of every person.

### **Offer Companionship**

Being deeply present listening with compassionate curiosity guides others to find clarity and to create their own solutions. It supports healing and growth.